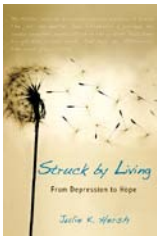


## EDUCATIONAL PUBLICATIONS

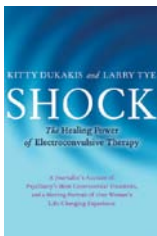
## PATIENTS AND FAMILIES

***Struck by Living****From Depression to Hope by Julie K. Hersh*

In *Struck by Living*, Julie Hersh picks apart the irony of her life with humor and brutal honesty. With the help of ECT (electroconvulsive therapy), Julie broke the deadly course of her disorder. Now well, Julie promotes mental health with collaborations with other artists and organizations.

***Will I Ever Be the Same Again?****Transforming the Face of ECT (Shock Therapy) by Carol A. Kivler*

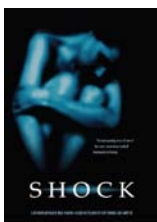
"Carol Kivler's writing, like her public speaking, invites others to join her inspiring journey of recovery. Through entering into her experience, others are empowered to face their own struggles with hope and courage..." - Sally T. Osmer, MDiv, LCSW, Executive Director, NAMI, Mercer, NJ. This book is an Award-Winning Finalist in the "Best Books 2010" Awards.

***Shock****The Healing Power of Electroconvulsive Therapy by Kitty Dukakis and Larry Tye*

Read Kitty Dukakis' moving, first hand account of her decades-long struggle with severe depression, and how she credits ECT with saving her life.

***Undercurrents****A Life Beneath the Surface by Martha Manning*

This 197-page paperback book chronicles with humor and dignity a psychotherapist's struggle with depression and successful treatment with ECT. Easy-to-read and informative, this acclaimed book will be a valuable addition to your library or as a patient and family referral.

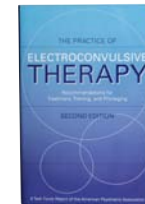
***Shock DVD****A Documentary Produced by AMS Production Group, Inc. 2007*

ECT is making a quiet comeback. For some of the millions of Americans who suffer from severe depression and bipolar disorder, pharmaceuticals and psychotherapy are ineffective. In growing numbers, patients and their families are turning to ECT as a treatment. Shock DVD explores the myths, mysteries, and realities surrounding this treatment.

***Electroconvulsive Therapy DVD****Department of Psychiatry Dartmouth-Hitchcock University Medical Center*

This 21-minute program is a valuable assist to physicians providing informed consent to patients referred for ECT treatments. It explains the treatment, benefits and potential side effects of the therapy, including first-person accounts. Electroconvulsive Therapy is the newest ECT patient/family DVD, available from MECTA with exclusive distribution rights worldwide.

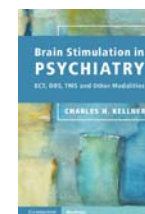
## CLINICAL PUBLICATIONS

***The Practice of Electroconvulsive Therapy:****Recommendations for Treatment, Training, and Privileging*

This easy-to-read book outlines the APA Task Force 2000 recommendations for the safe and effective use of ECT, and also discusses the treatment administration, staff training, as well as education and clinical privileging. Also available in a Spanish language version.

***Clinical Manual of Electroconvulsive Therapy:****A Programmed Text by Mehul V. Mankad M.D., John L. Beyer M.D., Richard D. Weiner M.D., Andrew D. Krystal M.D.*

This expansive yet reader-friendly volume helps psychiatrists successfully incorporate ECT into their clinical practices. It provides readers with a scheduled approach to understanding the fundamental concepts of ECT while offering practical guidance for establishing and maintaining an ECT program.

***Brain Stimulation in Psychiatry****ECT, DBS, TMS, and Other Modalities by Charles H. Kellner MD*

This text acts both as a concise, quick reference for experienced practitioners and a guidebook for residents learning about clinical brain stimulation techniques.



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